

U.S.T.A. SANCTIONED COMPETITIONS:

GUIDE: AGE GROUP DIVISIONS		
TUMBLING	TRAMPOLINE	DOUBLE-MINI
<p>S-Beg: Girls & Boys: 3&U, 4, 5, 6</p> <p>Beg: Girls: 4&U, 5, 6, 7, 8, 9, 10, 11&O Boys: 4&U, 5-6, 7-8, 9-10, 11&O</p> <p>Adv-Beg: Girls: 5&U, 6, 7, 8, 9, 10, 11, 12, 13&O Boys: 6&U, 7-8, 9-10, 11-12, 13&O</p> <p>Sub-Nov: Girls: 6&U, 7, 8, 9, 10, 11, 12, 13-14, 15&O Boys: 6&U, 7-8, 9-10, 11-12, 13&O</p> <p>Nov: Girls: 6&U, 7, 8, 9, 10, 11, 12, 13-14, 15&O Boys: 6&U, 7-8, 9-10, 11-12, 13&O</p> <p>Inter: Girls & Boys: 8&U, 9-10, 11-12, 13-14, 15&O</p> <p>Sub-Adv: Girls & Boys: 8&U, 9-10, 11-12, 13-14, 15-16, 17&O</p> <p>Adv: Girls & Boys: 8&U, 9-10, 11-12, 13-14, 15-16, 17&O</p> <p>Elite: All ages compete together</p> <p>* Small Invitational Competitions: may combine age groups if stated on sanction form, entry form, and all coaches of athletes involved agree.</p>	<p>Beg: Girls: 4&U, 5, 6, 7, 8, 9, 10, 11, 12&O Boys: 4&U, 5-6, 7-8, 9-10, 11&O</p> <p>Nov: Girls: 6&U, 7, 8, 9, 10, 11, 12, 13-14, 15&O Boys: 6&U, 7-8, 9-10, 11-12, 13&O</p> <p>Inter: Girls & Boys: 8&U, 9-10, 11-12, 13-14, 15&O</p> <p>Sub-Adv: Girls & Boys: 8&U, 9-10, 11-12, 13-14, 15-16, 17&O</p> <p>Adv: Girls & Boys: 8&U, 9-10, 11-12, 13-14, 15-16, 17&O</p> <p>Elite: All ages compete together</p> <p style="text-align: center;">SYNCHRONIZED TRAMPOLINE -</p> <p>Sub-Adv: Girls & Boys: 8&U, 9-10, 11-12, 13-14, 15-16, 17&O</p> <p>Adv: Girls & Boys: 8&U, 9-10, 11-12, 13-14, 15-16, 17&O</p> <p>* Small Invitational Competitions: may combine age groups if stated on sanction form, entry form, and all coaches of athletes involved agree.</p>	<p>Beg: Girls: 4&U, 5, 6, 7, 8, 9, 10, 11, 12&O Boys: 4&U, 5-6, 7-8, 9-10, 11&O</p> <p>Nov: Girls: 6&U, 7, 8, 9, 10, 11, 12, 13-14, 15&O Boys: 6&U, 7-8, 9-10, 11-12, 13&O</p> <p>Inter: Girls & Boys: 8&U, 9-10, 11-12, 13-14, 15&O</p> <p>Sub-Adv: Girls & Boys: 8&U, 9-10, 11-12, 13-14, 15-16, 17&O</p> <p>Adv: Girls & Boys: 8&U, 9-10, 11-12, 13-14, 15-16, 17&O</p> <p>Elite: All ages compete together</p> <p>* Small Invitational Competitions: may combine age groups if stated on sanction form, entry form, and all coaches of athletes involved agree.</p>