

WINTER ISSUE

JANUARY 2012

# NEWSLETTER

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**As another year unfolds, we sincerely wish you all the happiness, prosperity and success the new year will bring.**



**Calendar Updates:**

The Gymnastic Academy of Rockford (GAR) competition is listed as January 21 and it should be January 22.

The April 14-15 Waterloo Trampoline & Tumbling competition is listed as being in Waterloo, Iowa and it will be in Dunkerton, Iowa. Trampoline & Double-Mini will be on Saturday, and Tumbling will be on Sunday.

The exact dates for the 2012 AAU Junior Olympic T&T Competition in Houston, Texas, are July 26-29.

**EQUIPMENT:**

Looking to purchase a 6'x12' Nissen Trampoline.  
Henry Young - KY  
American T&T Academy  
[gyrocopter@live.com](mailto:gyrocopter@live.com)  
606-791-8030

Wanting to purchases a double-mini.  
Sara Roegge - IL  
Sara's Studio of Dance  
[broegge@msn.com](mailto:broegge@msn.com)  
217-883-2039

Congratulations to:

Joni Pollard (Power and Grace - IL) and husband on the birth of their daughter.

Congratulation to Abby (Buchanan) Bacon, NTJC Judge (S-IL) and her new husband on their recent marriage.

Sympathy and Prayers to:

The family of Roy Schares, former NTJC Judge (IA) on his passing.

Glenn Vandergriff, Vandergriff's Gym (OH), and family on his mother's passing.

Edward Eubank, Lakewood Gymnastics TNT (TN), and family on his father's passing.

Jackie Hamm, NTJC (N-IL), on her sister's passing.

Kim Orell, Studio 50 (S-IL) , on her mother's passing.

Rick Hutchison, CITT (N-IL), on his parent's passing.

Patti and USTA

Thank you so very much for the generous donation to ALS. We were really touched. It has been hard but all the prayers and caring friends have bee wonderful. The walk was emotional but we had a lot of friends there. Thanks so much for your support.

Kathy Case

We have lost someone very special. . . Thank you for sharing our grief.

Jill Shares and girls

On behalf of the ALS Association of Kentucky Chapter, thank you for your generous donation in honor of Mike Case and in support of the 2011 Lexington Walk to Defeat ALS™.

Since Gehrig's death from ALS in 1941, there is still no known cause or cure. Recent medical advancements have given us reason to be optimistic, and we are hopeful that current research will offer a solution to the urgent search for a cure. The ALS Association is actively funding over 96 grants, and aggressively seeks cutting-edge ALS research throughout the world.

On behalf of the ALS Association of Kentucky Chapter patients, families, staff and volunteers, I thank you for all you do in support of our fight against ALS.

Mari Bacon,  
Executive Director

I would like to thank the USTA for their generous donation to the American Cancer Society in memory of my sister, Liz, who lost her battle with cancer in September.

Jackie Hamm

Thank you for all the well wishes & prayers during Dylan's recent surgery. This was number 16 or him and the hardest yet. Even though the road is a long one, he continues to improve every day and can even hold some conversation. Thank you again for your support for our family.

Debby Perry



## NTJC NEWS

The 2012 USTA National Championship Judging Survey will be on the USTA web page in January. If you are interested in judging Nationals, complete the survey and return it as instructed.

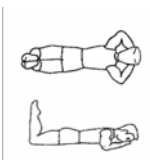
### Q & A

#### TRAMPOLINE:

**Q:** Before beginning a routine, if an athlete is facing the side on the trampoline, jumps 1/4 turn and starts their routine - do you terminate or deduct for an intermediate straight jump? **A:** A 1/4 turn is not a skill and since the athlete had not already started their routine, there is no deduction for this action.

**Q:** If a coach tells an athlete to start their pass while they are jumping, do you take the 0.3 pt deduction for coaching? **A:** Since the athlete had not technically started their pass, you cannot take the "coaching" deduction.

**Q:** What is the proper position of the legs on a front drop - straight out or bent? **A:** According to our guide to judging, the legs should be bent at a 90 degree angle (refer to picture).



#### TUMBLING:

**Q:** A step with the hand or foot is 0.5 pt. per step and a slide with the hand or foot is 0.3 pt. per slide deduction; however, our rules state that if the athlete slides both hands at the same time, it is to be considered the same as one slide for a total of 0.3 pt. The question is, if the athlete steps with both hands (or feet) at the same time - what is the correct deduction? **A:** Our rules state that a step is 0.5 pt. per step - if the athlete steps with both hands or feet at the same time, you deduct 0.5 pt. for each step for a total of 1.0 pt. unless, depending on the level, the pass is terminated after the 1<sup>st</sup> step - in which case, the deduction would be 0.5 pts. and termination.

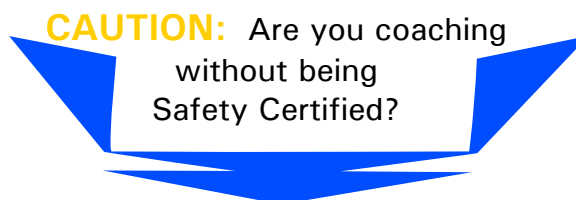
**Q:** If an athlete is rebounding out of a handspring or round-off at the end of their pass and lands on one foot - do you deduct for a one-foot landing. **A:** No, it is part of the aesthetic deduction on the rebound.



### Safety Issues:

Although these are not new safety issues - we sometimes need to be reminded of important safety issues.

1. Coaches (and/or anyone else) are not allowed to sit or stand on the end decks or blue side pads of a trampoline or double-mini while an athlete is warming up or competing.
2. Babies are not allowed on the competition floor.
3. When athletes are allowed to run down the competition mat prior to warming up, they are to RUN down and back - NOT start bouncing.



At the 2011 U.S.T.A. Congress, a rule was passed requiring that all U.S.T.A. paid coaches MUST be U.S.T.A. Safety Certified beginning 2011-12. If you are not currently Safety Certified, it is time for you to acquire your Certification. Certification is good for four years; therefore, if you are not sure if your certification has expired, please contact the U.S.T.A. National Office.

Safety Certification is available through the U.S.T.A. Web Page - [usta1.org](http://usta1.org). The current cost of our Safety Certification is \$25. A \$5 penalty will be added after April 15, 2012; therefore, the cost will be \$30.

You will be required to enter your U.S.T.A. Safety Certification number when you register for competitions.

**The USTA Coaches' DVD has been revised with the new rules and is available for sale for \$30. Please contact the USTA National Office if you are interested in purchasing one!**

USTA Team Trial athletes, coaches, judges, and families!

What a wonderful turn out for the first USTA Elite team trials. A really awesome group of very, very talented and very dedicated athletes all strived to do their best and did their very best so early in the season. We want to thank everyone involved!! Also a huge thank you goes to Nancee Truelove and to Nick Young and their teams and all volunteers for a fabulous Team Trials and Super Invite. We are all excited to see everyone at the next 2 team trials and super invites and Wish Everyone Their Own Personal Best At Each.

Debbie Moser, USTA President

## U.S.T.A. NATIONAL TEAM TRIAL FINALISTS

Noblesville, IN - December 10-11, 2011



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Point standings are listed on the USTA web page - [usta1.org](http://usta1.org)

