

2016 USTA Rule Changes

EQUIPMENT
The white line on the rod floor MUST be numbered including the run up.
The 33' and the pass initiation lines (both) be marked with a 2" wide RED line extending the entire width of the run up.
ATHLETE ATTIRE
Athletic wrap/K-tape may have manufacturer's trademark/logo, but no design.
Men's Attire: ○ A gymnastics step-in (without sleeves) with uniform gym shorts (cannot be sweat material, cutoffs, bike/compression shorts , boxers, jean shorts, baggy or oversized) that are fingertip length or shorter, must be worn. Shorts may not be rolled down at the waist. No singlets, compression shirts, tank tops or t-shirts are allowed. Deduction 2.0 pt. per pass.
GENERAL TUMBLING
There must be 10 max in each flight for SB, Beginner and Adv. Beginner. Currently 15 are allowed.
Intermediate through Elite reads: "The <u>last</u> backward single somersault executed at the end of a completed pass must be above shoulder height; otherwise, the aesthetic judges will take the required deduction of 0.3 pt.
SUB-BEGINNER
Sub-Beginner ó Competition consists of one pass which must begin from a stand.
Sub-Beginner ó Remove "Dive Roll" from skills allowed.
BEGINNER
Beginner ó Competition consists of two five skill passes which must begin from a stand.
BEGINNER & ADV-BEGINNER
Beg. & Adv-Beg. Tumbling passes run consecutively, back to back.
ADV-BEGINNER
Adv Beginner - Passes must begin from a stand.
NOVICE
Novice ó Change requirement to a minimum of 2 consecutive handsprings in each pass.
INTERMEDIATE
Change Intermediate age groups for girls only to: 8&U, 9, 10, 11, 12, 13-14, 15&O

SUB-ADVANCED
Use three judges for all S-Adv events at invitationals, state meets, and Nationals.
ADVANCED
At Invitationals and State Championships, require only 6 judges for tumbling.
Continuous whips may be repeated without penalty in the 5 skill pass.
ELITE
Elite Compulsory ó Round-off, whip, whip, full, whip, back handspring, back handspring, back straight.
Lower the DD for Elite tumbling to 7.5 (5 & 8 skill pass)
MISCELLANEOUS
A team must have had a minimum of 10 athletes compete in the prior year's National Championship to qualify to bid for their State Championship if the State has over 300 members.
Team results will be provided free at Nationals.
Each age group must compete on the same piece of equipment for state, team trials, and Nationals.